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HALIBURTON COUNTY'S INDEPENDENT NEWSPAPER

The Highlander

Thursday **31 May 2012** | Issue 34

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Timmy plays hardball

Council defers zoning decision until June 11

By Will Jones

TDL Group (Tim Hortons development arm) planner Leo Palozzi put forward a forceful case for a speedy zoning bylaw decision by council at their May 28 meeting.

He cited the restaurant chains' wish to begin construction quickly and hopefully open on or before Labour Day.

"There is nothing stopping council from approving the plan – a draft approval – with conditions," he said. "Give us the conditions we need to meet, the info we need to go forward, because time is of the essence. If we don't get this site then we're done looking [in Haliburton] because there are no other suitable sites available."

He continued by reading through the relevant sections of the municipality's Official Plan and explained how each requirement had been met by the current proposal. "The site is within a designated commercial neighbourhood, an area identified as a growth area by the municipality," he said. "We are spearheading that growth and as a consequence taking the brunt of the issues and objections to it. However, if it wasn't us it would be someone else."

Following the deferral at the May 7 public meeting, council met on May 28 to discuss the proposal further, and, while it acknowledged that TDL Group had been working hard to address fears about a number of issues surrounding the location of the restaurant, it felt that more discussion was needed before making any decision. They deferred again to a special council meeting set for June 11.



Photo by Mark Arike

Haliburton Dance Arts (HDA) students, Heather Zahn shows Grace Judge, Sydney Parish, Savanna Teasdel and Allie Todd how to send out a kiss at the Northern Lights Performing Arts Pavilion on May 26. See page 22 for more photos.

"We need time to review the results of the County's traffic study and councillors require time to consider the site plan proposals," said Reeve Murray Fearrey. "There are still issues and the neighbours next to the property have some valid points. Rather than racing a decision through today we'll take a few days to consider it fully. No one is against Tim Hortons, but on the other hand I don't want to see the wrong decision being made in haste."

Fearrey's comments were made to a full council chamber, with both opposition and supporters of the restaurant in attendance. The County and TDL Group received the results of a traffic movement study earlier that day, but as of the time of the meeting municipal councillors had yet to see them.

Councillor Andrea Roberts and Deputy Reeve Bill Davis were supportive of TDL Group's proposals, both citing the economic benefit the new restaurant would bring to Haliburton.

However, councillors Susan Norcross and Steve Pogue, both of whom sat on the committee for the May 7 public meeting, expressed their concerns about the development and urged careful consideration before making any decision.

"Council needs to address whether this type of development is something that we are willing to entertain – its suitability within the area – before wasting any more of anyone's time," said Pogue.

Palozzi said Pogue was taking the short-term view, but the long-term official plan encourages growth.

"The policy is in place and we're willing to meet the criteria and intent of that policy," he said. "The merits of the proposal need to be vetted according to that planning policy, not on the type of business, or opinion, or fears of neighbours."

The special council meeting will be held at Dysart Council chambers at 3 p.m. on June 11.

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Highlands news

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Photo by Heather Kennedy

A couple of young green thumbs! Cody Martin (left) and Tyler Martin (right) helped pick out some plants at the Minden & District Horticultural Society Plant Sale on May 26. They are also part of the Archie Stouffer Elementary School Horticultural planting group.

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Province caps social assistance benefits

By Lisa Harrison

To fund, or not to fund?

County council faced that difficult, and urgent, question at its May 23 meeting as Rod Sutherland, manager of social services for the City of Kawartha Lakes, detailed the upcoming provincial cap to Ontario Works (OW) and Ontario Disability Support Program (ODSP) health-related discretionary benefits.

The City of Kawartha Lakes is the consolidated municipal services (CMS) manager for both the city and the county. CMS management is overseen by a joint social and housing services committee (JAC). Each of the 47 provincial CMS areas determines the discretionary

benefits it will offer to the communities within its boundaries.

Sutherland said the July 1 cap on expected provincial funding for health-related discretionary benefits in this CMS area will mean a shortfall against budget of approximately 50 per cent.

If the two regions continue to fund the benefits they currently provide, that variance to budget will be more than \$230,000 in 2012 alone, assuming no additional benefits requests are received. The county's portion will be \$36,598. In 2013 it will be \$73,147 of approximately \$442,000.

Traditionally, costs for OW benefits have been shared between the province and municipalities. As noted in Sutherland's report, in 2008 the province elected to change its cost share formula for both mandatory and discretionary OW benefits to gradually upload all funding responsibility to the province by 2018. This has meant rising costs for the province during difficult economic times.

The current formula for the province's cost for non-health-related OW discretionary benefits is capped at \$8.75 per case, but there has been no cap on health-related discretionary benefits. In its spring budget, the province announced a cap of \$10 per case per month

on those benefits in order to reduce short-term costs and help control long-term cost growth. The province estimates savings of \$55.3 million over three years through this measure.

The cap leaves municipalities to reduce some or all benefits, terminate certain benefits or find a way to cover the shortfall for the remainder of this year.

County chief administrative officer Jim Wilson's report to council on May 23 noted the county's social services and housing reserve has a current balance of about \$150,000, however, further transfers are expected next year to fund planned Kawartha Lakes Haliburton Housing Corporation projects that were deferred in previous years.

County councilors discussed the lack of available funding and considered various options that might enable them to avoid reducing benefits this year.

Ultimately council approved full funding of health-related discretionary benefits until October 2012 at a cost of \$18,300. The county will attempt to recover those new additional costs through savings and departmental budgets. Once additional information is gathered around the cap and its impact on benefit recipients, the council will reconvene and decide to what extent they will fund the shortfall.

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Highlands news

More stars for arena wall of fame

By Will Jones

Cody Hodgson and Mike Bradley are to be added to Dysart Arena's wall of fame, following a decision by the municipality to spend its 2012 community donation fund allocation on two new murals of the sports stars.

Artist Allen C. Hilgendorf, who painted the previous murals, has agreed to undertake the new commission at a total cost of \$11,200 plus HST. However, the allocation of the community fund monies, which is slated for community recreation projects, was not passed without debate. Councillor Susan Norcross stated she was unhappy with the cash being spent on the paintings when other parks, recreation equipment and services required upgrading or renewing.

"I don't agree with spending this money on this particular exercise," she said.

"The money is for parks and recs, and I thought we were going to discuss what other things could be done with \$10,000 for the community, other than a painting on a wall. We need parks and rec additions and upgrades and that's where the money should be spent."

Reeve Murray Fearrey, on the other hand, said he had already been in contact with the donor who was satisfied with the idea.

"This is not taxpayer money and I think it's really valid," he said. "It's pretty important because they are [professional sports stars] and they bring more publicity than anything else we do for Haliburton."

"This is a bonus because it's a donation," said Councillor Andrea Roberts. "We took the money for the Matt Duchene mural out of the parks and recs reserve, so really we're not losing anything or taking away from our ongoing commitment to

the community."

Council passed the vote on the resolution to spend the money on the murals, with Norcross abstaining. The resolution stated the cost over and above \$10,000 would be drawn from next year's community donation fund allocation and the 2013 spending be reduced accordingly.

The funds for the community donation fund come from an anonymous \$100,000 donation made to Dysart Council last year. The funds were allocated by the donor – \$40,000 for the renovation of the fighter jet that stands on the school playing field, \$10,000 for the upkeep of the locomotive that sits alongside the plane and \$10,000 per year for five years to be spent at the council's discretion.

Hodgson's painting is scheduled to be unveiled on August 26 and Bradley's on the Thanksgiving weekend.



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Editorial opinion

If you paint it...

Thanks to a decision earlier this week by Dysart council, the arena in Haliburton has been granted an \$11,200 paint job despite there being more immediate needs in the area.

The reasoning behind these new murals as presented to council by Reeve Murray Fearrey was that they provide more publicity than other initiatives due to the high profile of these professional athletes. However publicity shouldn't be a factor when determining what is best for the community. If you make a decision that benefits Dysart et al, it doesn't matter who knows about it. The point is those who are impacted by the decision will appreciate it, and that's enough.

The money comes from what remains of a substantial anonymous donation to Dysart. We can't pretend to know the full intentions of our mystery donor when he provided these monies, but his guidelines stated the donation should be used for improvements to parks and recreation facilities. That implies a focus on practical improvements, not aesthetic ones.

In some ways, the decision makes sense for a community that is proud of its athletes. They should be honoured in some way for their achievements and lifted up to inspire our young people to greatness. Undoubtedly, the famous

faces on the Dysart arena, and soon-to-be new additions Cody Hodgson and Mike Bradley, deserve such praise.

By Matthew Desrosiers



But it's hard to be inspired by pictures on a wall if you don't have the facilities available to live up to those aspirations. That's where \$11,200 could be better spent in this community. Baseball diamonds are in need of repair, parks could be improved and equipment updated to provide better opportunities for the community to play and grow.

Perhaps a solution (that wouldn't cost \$11,200) would be to place signed and framed pictures of the athletes inside the arena. They could include a biography of each athlete and create a 'Haliburton Hall of Fame' within the Village. Unlike the wall of the arena that has space limitations (only so many athletes can fit on a wall), an indoor hall allows for more of our athletes to be recognized. Now *that* would create some publicity, and instead of having people walk by the arena to see the murals, we could draw people inside the building instead.

With money so scarce these days, it makes more sense to put a windfall like this to more practical use.

Celebrating 60 years of Elizabeth II

As Canadians, we are proud of our democracy. Since before the nation's founding, we've fought wars over democratic principles, up to and including the present day. These principles have evolved over centuries, to the point where they are now, not always perfectly but always with due consideration, enshrined in our laws and our constitution.

Democracy is not simply the right to vote. In the modern context, it includes, in theory if not always in practice, the equality of citizens in their rights and obligations. Having evolved from earlier times when some or even most of the population were serfs with little property and few rights, even under the Magna Carta, Western democracy now stands for the idea that anyone has the right to pursue and win power through the electoral process, or to pursue success at a vocation of one's choosing. Supporting the principle of equality of opportunity is our shared investment in the common good, from education to healthcare.

So it comes as rather an oddity that here in Canada, a nation founded some 145 years ago, we still have a Queen as our head of state, someone who by an arcane hereditary algorithm sits atop a "royal" family. Not only that, she lives in another country — yet, technically, through her representative, the Governor General, the Queen still signs off on all of our laws. Practically however, through custom and common sense, she always follows the will of our parliament and so exercises no genuine power.

Even so, nothing could be less democratic than a hereditary monarchy, a system of privilege and power by birth. Many countries defenestrated their monarchies in favour of elected heads of state. Monarchy is, literally, kind of Old World.

Except it works. It works because the Queen is not a democratic symbol. Rather, she is a symbol of decency, public service, stoic leadership and historical narrative. She is in her person a reservoir of British-ness; of peace, order and good government. Though her children may not follow her example, putting into question whether these symbols will survive her, the Queen herself is rectitude personified.

Because the Queen judiciously keeps many of her thoughts to herself, we can project what we like, and for most people that seems to be something of a distant, beloved grandmother of the country; we see her as perfectly

harmless and rather amusing with her carriages, castles and crowns, just as our children might be fascinated by their own grandmothers' china collections, vintage furniture or grey hair. For most of us, she's the only monarch we've ever known.

One might think that in a nation of immigrants the Queen's relevance would decline, but it's the opposite. The thousands who move here from far-flung places like Pakistan, Hong Kong, and Jamaica are as familiar with her as we are; she is in many ways one of the anchors of Canadian identity.

Aside from the symbolism and pageantry, I've always thought of our monarchy as the last bulwark against tyranny, immune from the tendencies of voters to elect rogues every once in a while. In theory, should there be another existential threat to Britain, the Queen could use her substantial moral standing to rally the nation, as her father did in WWII. Indeed, when Britain faced its darkest hour and the Princesses Elizabeth and Margaret were urged to take refuge here in Canada, her mother said, "The children won't go without me; I won't leave without the King; and the King will never leave."

Though there are many questions about the sustainability of the monarchy after Elizabeth II, particularly in contemplation of the ascension to the throne of her son, Charles, the Queen herself has little to fear from republicanism. And given the longevity of her mother, who lived to nearly 102, it may not be something we have to think about for a long time; the Queen has made it clear she accepts her duty to hold the job for life.

So, silly as it may seem to have this Disney-meets-Peyton Place, dysfunctional royal family as our ostensible moral leaders, the Queen herself has performed her role as monarch magnificently over her 60-years in the job. As many Canadians celebrate that milestone this weekend, it's a reminder that not everything that is good has to also make sense.

Long may she reign.

The Queen has recently made the diaries of Queen Victoria available online at queenvictoriasjournals.org



By Bram Lebo

Correction

The Highlander, Issue 33, pg. 12 'Serving the Highlands for 25 years'

The Highlander wrongly implied the BBQ was donated, in its entirety, by M&Ms Meat Shops. Only the tent and BBQ itself were donated. All foodstuffs were purchased and provided by The Pump Shop.

We apologize for any misinformation.

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Publisher, Bram Lebo bram@haliburtonhighlander.ca	Editor, Matthew Desrosiers matthew@haliburtonhighlander.ca		
Production Manager, Heather Kennedy heather@haliburtonhighlander.ca	Staff Writer, Mark Arike mark@haliburtonhighlander.ca		
General Manager, Simon Payn simon@haliburtonhighlander.ca	Sales Manager, Walt Griffin walt@haliburtonhighlander.ca		
Office Manager, Louise Ewing louise@haliburtonhighlander.ca			
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PHOTO OF THE WEEK

See something that is worth sharing with the community?

Snap a picture, send us the photo and see it in the paper!

E-mail photos to matthew@haliburtonhighlander.ca

Photo submitted by Louise Ewing

Letters to the Editor

Photo of the week



Photo by Walter Griffin

The Ontario chapter of the Model T Ford Club rolled through the Highlands this past weekend and made a pit stop at Wintergreen Maple Syrup and Pancake Barn. Over 40 cars, ranging in years from 1909 to 1927 could be found throughout the county.

Put out your fires

Dear Editor,

I wanted to be able to remind Haliburton residents/cottagers of the importance of putting out fires fully when camping out, even for the day/evening on the lakes.

We are cottagers on Stormy Lake. Last Sunday morning (May 27), we noticed smoke billowing out of the trees across our road. After assessing the situation, we concluded that it might, just might, be someone on the “big rock” having breakfast (it is Crown land). My daughter and friend went across the lake and discovered a brush fire had started. Evidence was clear that it started from a campfire that had not been extinguished properly. A call to 911 was the next step, and Highlands East responded quickly. They worked hard to extinguish the fire with shovels, but had to resort to hauling the large hose to the site, where they doused the fire until it was out.

This is a situation that could have turned out much worse. There was very little wind that morning, but the fact that “visitors” to the site felt comfortable having a fire in spite of the dangerous conditions (high risk), was astonishing to us.

I was hoping a brief mention of the need to pay attention to fire regulations, warnings, etc., would help residents and visitors understand the importance of responsible fire management.

Marguerite Easby
Gooderham

Thanks for all those suds!

Dear Editor,

A huge ‘thank you’ to the Mayhews, Marsdens, Searles, as well as the few students who worked all day at the Grade 12 Prom Car Wash and BBQ on May 19. Thank you to those who supported them. All the local cabs showed up!

It was a real shame there weren’t more students helping out; especially those Grade 12’s who need their community hours.

Laurie Burk
Haliburton

letters@haliburtonhighlander.ca

CFUW says thanks for the support

Dear Editor,

The Canadian Federation of University Women Haliburton Highlands would like to thank the people of Haliburton County for their support of our fundraising initiatives this year. Through the sale of our “Cookies in a Jar” before Christmas, our Lunch and Card Party on May 3, 2012 at the West Guilford Community Centre and most recently, at our first Open Meeting to the public with guest speaker Cathy Marie Buchanan, bestselling author of *The Day the Falls Stood Still*, we raised over \$1,500.00 for our Scholarship/Bursary Fund.

This year we will be awarding two bursaries of \$500.00 each; one to a female graduate of Haliburton Highlands Secondary School proceeding to university, and the other to a female student attending Fleming College at the Haliburton Campus.

Without your help and support of our fundraising initiatives, we would not be able to provide this financial assistance to our students.

Thank you for your generosity and for the goodwill shown to our club.

Heather Thom
President, CFUW HH

The Outsider — Not the bare essentials

I was watching TV the other night and a character on a soap opera (not Coronation Street, I hasten to add) turned angrily to a fellow cast member and spewed the words, “real life’s not like a soap opera, you know!” She did so with extraordinary venom but also with a lithe beauty that only a soap actress could carry off.

I chuckled at the irony of the scene and then switched off my brain to enable me to watch the rest of the show. But afterwards those words got me thinking. Real life really isn’t like a soap opera, even if you manage to pack in all that drama and overt displays of emotion on a daily basis.

Real life’s not like a soap opera because none of us can hope to look like the perfect people that inhabit our TV screens. We do our best, and, in the cooler months a few may go some way to pulling it off but, when summer comes around everything goes terribly wrong. Why? Because many folk have this inbuilt need to strip down and bare almost all as soon as there is the slightest hint of a sunny day.

And so it went as I drove through Haliburton Village on the long weekend. The tourists were in town: the monied folks in their posh cars and fancy clothes. Well, some of them anyway; clothes that is. You see, many of these vacationers choose not to wear much clothing and as a consequence the view is well and truly spoiled!

While money facilitates many things, it does not guarantee you the body of a Greek god or burlesque dancer. Then again, in this day and age it could! With all the right nips, tucks and full scale renovations, you too could look like Johnny Weissmuller or Bridget Bardot. If you’ve got it, spend it, I say. Pity then that so many of the folks happily promenading up and down Highland Street kept their wallets closed and looked more like Elvis in his latter years or any one of the many incarnations of Roseanne Barr.

It was a flesh fest out there, but not the kind anyone would pay to go see, believe me.

Now don’t get me wrong here, I’m not promoting the ‘skinny is best’ mantra of many a fashion mag. On the contrary, I’m all for the fuller figure, the Marilyn Monroe as opposed to the size zero. I’m just pointing out the vast majority of us, myself included, don’t really have the anatomical credentials to walk down the local high street dressed in not much more than a thong.

And, speaking of fashion, (yeesh, this is turning into a rant) let’s talk fashion faux pas, too. Gentlemen, socks and sandals just don’t go. I don’t care what socks and sandals they are. I don’t care whether you’re nine or ninety. The combo doesn’t work. That goes for the ladies, too, but I have yet to see more than one offender (shame on you aunty Hayley, although you did cite biting bugs as

the reason for your get up).

Then, there are sleeveless t-shirts. They may once have been a fashion item, not that this makes them a good choice, but now they are naff unless you have borrowed the arms of the aforementioned Greek god.

Regardless of the shape you’re in, sun burn is not a fashion statement. Not even when it shows what you were wearing earlier in the day. Strap marks and v-necks scorched onto skin in red and white may tell everyone that you’ve had good weather at the cottage, but it also marks you out as a numskull who forgot to take a moment to slather yourself in suntan lotion.

Phew, it feels good to get that off my chest – my puny white chest that sees little or no sun, I might add. I’m all for body beautiful in many shapes and sizes. I’m also all too often offended by the horrendous sights I see wandering around our neighbourhood in summertime.

Hey, I just had a thought (brain re-engaged after the show). Perhaps life really is like a soap opera. Just picture the cast of Coronation Street clad in nothing but tennis shorts and bikinis! Bleurghhh.



By Will Jones

Highlands news



Photo by Mark Arike
Tim Shauf, president and CEO of Farmers' Insurance (Lindsay), far left, and Glen Hall of Floyd Hall Insurance, far right, present the Haliburton Highlands Health Services Foundation with a \$40,000 cheque. Foundation members, left to right: Brad Duckworth, Don Popple, Steve Todd, HHHSF executive director Dale Walker, Sandy Adams, Haliburton Highlands Health Services chair Dale Robinson and John Bauman.

Big cheque for health services

By Mark Arike

Farmers' Mutual Insurance and Floyd Hall Limited Insurance Brokers have teamed up to donate \$40,000 to the *Seeing is Believing* campaign.

On May 25, Haliburton Highlands Health Services Foundation (HHHSF) board members gathered at the Floyd Hall office in Minden for a cheque presentation with Glenn Hall, president of the local insurance company, and Tim Shauf, president and CEO of the Farmers' branch in Lindsay.

"We believe in doing our part to help build stronger communities," said Shauf in a press release. "Enhancing health care is a key component in achieving that goal."

In 2011, Farmers' formed a Create A Ripple Effect (CARE) committee to contribute to communities in which their policyholders reside.

Of the donation, \$15,000 came from Hall, who made the contribution in memory of his late father Don. An HHHSF board member from 1997 to 2000, Don was "instrumental in acquiring the support of the community and various insurance companies for the successful *Building Our Future* \$6 million campaign for new hospitals and health care facilities in Haliburton and Minden," said Dale Walker, HHHSF executive director, in an email. He continued to donate his time to the HHHSF after retiring from the board.

With these two recent donations, the HHHSF has raised \$280,000 of their \$300,000 target. The money will be used to purchase new x-ray equipment for local health care facilities.

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Highlands news



Photos by Mark Arike

(Above left) The Green Man, played by Gay Bell, talks about the environment with Grade 4 student Jakob Bull. (Above right) McKayla French, Nikki Middag and Erik Morrison with some examples of turtle species.

Students strive to save turtles

School project goes well beyond the classroom

By Mark Arike

Grades 4 and 5 students at Wilberforce Elementary School know a lot about turtles. They've been studying the four-legged reptiles since the school year started. And now, because of their efforts and desire to keep these creatures off the endangered species list, the community has taken notice.

On May 23 at Wilberforce's Lloyd Watson Centre, the students hosted Turtle Talk, an event at which they highlighted their recent studies and revealed some hard-hitting and alarming facts. Over 120 people attended, including special guest speakers and councilors from the Municipality of Highlands East.

"This started when our classmate Rebecca shared her story of how she helped save a turtle that had a hook through its nose," Grade 4 student Eric Morrison told the audience. "Our class started learning about native turtle species and learned that many of them were either threatened or endangered."

The learning began in December – on what became known as Turtle Talk Tuesdays – and soon thereafter students took it upon themselves to raise funds for the Kawartha Turtle Trauma Centre, a non-profit charity that nurses injured turtles back to health. The students learned more about the centre after receiving a visit from development and sustainability coordinator Kate Siena.

"She got us really excited about turtles and we knew we wanted to do more to help," said Morrison. The students wrote letters to the centre, which were read and appreciated by many turtle rescue volunteers.

After Sheila Ziman, chair of the Haliburton Highlands Land Trust, had an article published in the local media about the

class's work, the project gained the attention of Tammy Rea and Midori Nagai of Highlands Media Arts. The two went to the school to interview students and capture five hours of video that was then edited down to a five-minute piece titled Turtle Talk. The video made its debut at the Wilberforce event and was well-received by those in attendance.

But that wasn't it. The Municipality of Highlands East acknowledged the work of the students.

"Ward 1 Councillor Steven Kauffeldt supported us and told other councilors about our turtle work," said Morrison. "He has taken our cause forward and helped us to put turtle crossing signs up and is also helping to make roads safer for turtles by building culverts in turtle-friendly ways."

Kauffeldt commended students for their work and for organizing Turtle Talk. He spoke about the importance of protecting the turtle population.

"Turtles are important for many reasons," began Kauffeldt. "They are a wonderful part of the natural ecosystem and they can be a great indicator species in tracking environmental effects."

Kauffeldt fondly recalled his childhood memories, when he kept turtles as pets.

"I would keep them for the summer and release them in the fall," he said, explaining that he found most of them along roadsides. "Keeping these turtles was fun, educational and

really cool."

According to the municipality's official plan, there are two turtle species that are on the threatened list in Highlands East – the Blanding's turtle and the Eastern Musk turtle. To help protect turtles and other species, the plan states there is to be no site alteration or development in significant habitat areas of endangered and threatened species.



Highlands East councillors Cecil Ryall and Steven Kauffeldt chat at Turtle Talk.

"It was heartwarming to know that we've already taken steps to protect some species here in Highlands East," said Kauffeldt, pointing out the plan lists all of the threatened species in the municipality.

He said more can be done and council is working towards getting turtle crossing signs up in the area.

"I look forward to working with the kids on seeing this project through. Public awareness of the plight of our local turtles is key in preserving them for future generations."

Classroom teacher Karen Phipps hopes the positive work of her students

continues to spread.

"There's a whole level of understanding that wasn't apparent to us before," said Phipps in a clip of the Turtle Talk video. "Now, I'm hoping they'll take that and start educating their parents and their siblings, and that really will start to make the change."

"They can make a difference one turtle at a time."

Highlands news



Photos by Lisa Harrison

First-year medical students Brendan Irish and Michael Di-Lena took off for a free tour of the Highlands last Wednesday during Rural Medicine Week. Four University of Ottawa students shadowed local professionals and took part in various leisure activities.

Medical students fly over the Highlands

Province helps rural areas attract health professionals

By Lisa Harrison

University of Ottawa first-year medical students got a bird's eye view of what a career in the Highlands could look like on May 23 as part of their Rural Medicine Week schedule.

Elena Corry, Michael Di-Lena, Brendan Irish and Marie-Claude Laplante, all 22 years of age, took 20-minute flights in groups of two over the county with pilot Paul Robinson out of Stanhope Airport. Robinson donated his time and Algonquin Highlands township donated the fuel.

Corry and Irish were already somewhat familiar with the Haliburton area, but they were as enthusiastic about the flights as first-time visitors Di-Lena and Laplante. Afterward, all agreed it was a great way to get a broader concept of the community they were already enjoying from the ground.

Rural Medicine Week is funded by the Rural Ontario Medical Program through the Ministry of Health and Long-term Care for first and second-year students in the province's six medical universities. The program gives students "hands-on" clinical experiences and highlights the

community's unique lifestyle.

The flights were arranged by Eleanor Harrison, Algonquin Highlands representative to the county's Professional Recruitment Committee. Its Community Liaison sub-committee ensures health care professionals have access to a variety of leisure experiences during their recruitment stays in an effort to attract them to locate their practices here.

All four of the students originally hail from cities and were eager not only to see the beauty of the county but also to have the practical experiences in a rural environment they don't generally get in first year.

The county has participated in the ROM program for about four years, said Cheryl Kennedy, education coordinator for the HFMC, who arranges the job shadowing with medical professionals and manages accommodations and student schedules. She said as many as eight students visit each year, depending upon

available timing (the HFMC also serves as a teaching centre for the University of Toronto and Queen's University in Kingston).

Kennedy and Harrison confirmed most costs are

covered through donated time, materials and accommodations. Kennedy said remaining expenses are submitted to the ROM program, which will reimburse costs of up to \$2,000 for two to five students, leaving limited or no cost to the county.

It's too early to tell whether the program does persuade students to consider a family medical practice in the county, Kennedy said, since even the first group of

students will still be in the education system as residents. "I still think it's well worth doing," said Harrison, adding that even if the students don't return to practice, the program "almost fits in with our tourism ambassador program" by encouraging them to return for leisure.



University of Ottawa first-year medical students Marie-Claude Laplante and Elena Corry take off for a free tour of the Highlands.



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Highlands news



Photo by Mark Arike

Khosrow Eshkour, pharmacist and owner of the Wilberforce medical centre and pharmacy, processes a prescription for a customer.

Medical centre nears completion

By Mark Arike

After investing over \$500,000 of his own money into the Wilberforce medical centre and pharmacy, Khosrow Eshkour has received an additional \$10,000 from the Municipality of Highlands East to complete the project.

“What needs to be done at this point is the paving of the parking lot,” Eshkour told councillors at a May 24 meeting. “It is a big task and I have truly run out of resources.”

Eshkour asked for funds to carry out landscaping work and put in proper signage at the facility.

Reeve Dave Burton pointed out a neighbour put in a request for a privacy fence.

“I think it’s something that we have to talk about,” said Burton.

Burton asked Eshkour if he had an idea of just how far he’s dug into his own pocket since the project began.

“My investment in the whole project is over \$500,000,” answered Eshkour. “I’ve given all of the invoices to [the CAO] Sharon [Stoughton-Craig].”

Eshkour said he could have cut costs down by purchasing \$10 light fixtures and taking shortcuts, but that wouldn’t have resulted in the modern medical facility he was going for.

“You’ve got something that will last you forever,” he said. “You’ve got a maintenance-free building.”

After Eshkour purchased the building from the municipality in July of last year, he hired Steve O’Connell, a designer with “30 years experience in the industry.” He said he obtained quotes from three companies when looking for medical equipment and chose Shoppers Drug Mart.

“They were aware of what was needed for the area,” he said, pointing out that the company provided equipment for both medical centres in Kinmount and Haliburton.

What caused Eshkour to go over budget was all the work the building required.

“When I looked at this building, I honestly

thought – after having a discussion with Dave [Burton] – that it would take \$130,000 to fix this building.”

The building, which was built in the 1950s, required extensive electrical, heating and plumbing upgrades that Eshkour did not anticipate.

When he bought the property, he made an arrangement with the municipality that would benefit both parties. In exchange for a \$45,000 investment from the municipality, which came from the sale of the property, Eshkour offered them free rent on a portion of the space for the next six years, with a possibility of an extension to 18 years.

“We are at the end of the road,” said Eshkour of the renovation project. “The building is pretty much near completion, there’s not much work to be done.”

Ward 3 Councillor Cecil Ryall asked Eshkour if he could provide a breakdown of the costs for the remaining work. Burton concurred.

“What I was hoping to do is decide if we’re going to go ahead with it,” said Burton. “Right now, we’re over our budget.”

Council decided they would get Earl Covert, the municipality’s roads superintendent, over to the site to provide an estimate on the paving job. Ward 2 Councillor Suzanne Partridge agreed to utilize her experience as a landscaper to help Eshkour determine how much that work might cost.

They also agreed to put another \$10,000 into the project “for outdoor improvements” with money available from reserves.

“If we could get the \$10,000 that would go a long way and it wouldn’t hold us up,” said Burton.

“At the end of the day I want council to feel that this is their medical centre,” said Eshkour. “I want this to be something that the community can be proud of.”

In addition to the 2,000-square-foot facility in Wilberforce, Eshkour is the owner of the pharmacy in Kinmount.

Tax decrease expected for Highlands East

Increase in budget does not mean taxpayers will suffer

By Mark Arike

Although the municipality’s budget is looking at a 3.96 per cent increase, it doesn’t mean taxes for Highlands East property owners are going to go up.

“Even though the budget has gone up 3.96 per cent, I don’t want people to think that their taxes have gone up 3.96 per cent,” said CAO/treasurer Sharon Stoughton-Craig at a May 24 council meeting.

Documents show the municipal tax rate is looking at a decrease from 0.0040 per cent in the previous year to 0.0038 per cent.

“The county’s rate is down, the school board rate is down...” said Stoughton-Craig.

She said this information can be confusing to the average taxpayer.

“The revenue minus the expenditures from last year’s budget is up that amount of money [3.96 per cent],” said Stoughton-Craig in a phone interview. “A lot of that is because the policing costs are up and we lost the money from the Ontario Municipal Partnership Fund (OMPF) grant.”

Stoughton-Craig said the grant at one time was for \$1 million but has decreased annually.

She went on to explain that each year, property assessments increase because of omits (assessment that haven’t picked up for one reason or another) and supplementary assessments (those picked up in their first year).

“Even though the budget is up, there are some people whose taxes will not move. Or in fact they may be down a bit,” said Stoughton-Craig.

There’s a difference between the budget increase and the change in the tax rate.

“You take what you need to raise and divide it into the amount of assessments you have,” said Stoughton-Craig. “That tax rate is what your tax bill is.”

Some of the changes that were made to the preliminary budget after a meeting in March included an increase to the amount of the surplus transfer, a 1.5 per cent increase in municipal staff wages and an allocation of \$50,000 for the various committees of council.

The municipality is expected to pass their budget at a June 12 council meeting. Those interested in attending or asking further questions are encouraged to contact Stoughton-Craig at 705-448-2981 ext. 227.

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Highlands news

County to conduct housing study

By Lisa Harrison

The county is embarking on an ambitious housing study and strategy project as the first priority in its two-year Growth Management Study.

The study of housing and growth management is required by the most recent Provincial Policy Statement regarding land use planning and development, issued by the Ministry of Municipal Affairs and Housing in 2005.

Council voted at its April 25 meeting to retain SHS Consultants (SHS) to conduct the housing study. Based in Richmond Hill, the Canadian firm specializes in public policy, research and community development, particularly in the areas of affordable housing and community housing needs.

Councillors held their first working meeting with SHS at a planning committee meeting on May 23.

The project team of SHS partner Christine Pacini, senior consultant Kirsten Stein and senior research and policy analyst Johanna Hashim worked with council to determine the study context, finalize the proposed work plan and schedule, outline their information needs, and confirm communications and consultation processes.

According to Pacini, SHS will build on the initial housing analysis that was conducted by Tim Welch Consulting in 2011 to support development of a provincially mandated Housing and Homelessness Plan for the county and the City of Kawartha Lakes.

SHS will conduct additional research, identify demand/supply and any gaps, and recommend new policies and programs. The study will be complete in approximately 10 months and draft reports will be posted on the county website.

Councillors and staff provided detailed information on various aspects of housing in the county. They outlined the need for more affordable housing options, secondary suites and multi-unit residences, saying that Haliburton condominium

development Granite Cove sold out in short order.

Councillors noted the single/private lifestyle accommodation of most residences in the county, the unnecessarily high cost of many apartments due to high demand, the large percentage of residences on the waterfront that might not be suitable for secondary suites (such as in-law suites), the potential need for septic re-inspections with the addition of secondary suites, and the need to differentiate between permanent and non-permanent (seasonal) residences.

Planning director Jane Tousaw added the need to provide work/live space for the many artists either moving to the county or already in residence, as well as better affordable housing for Fleming College students who often rent non-winterized cottages during the school year.

Warden Murray Fearrey told SHS that Dysart has already started a survey of seasonal residents, beginning in the Redstone Lake area, and the response has been that “a really good, high percentage [of seasonal residents] will go permanent” eventually.

Councillors also told SHS that many county citizens are retirees who eventually will no longer be able to fully care for themselves. Many have already been forced to move out of the county due to lack of available assisted living options. Retiree numbers continue to grow as cottagers and even non-cottagers choose to retire to the county. They said developers decline to create assisted living residences here because factors such as the county's relatively low market over a large geographical area have convinced them the developments would not be sustainable.

SHS will meet with council quarterly, with the first meeting scheduled for council's regular meeting on September 26. Planning staff in the four lower municipal tiers are scheduled to meet June 8 and the housing study will be added to the agenda.

Under the terms of the contract, SHS will hold two public meetings during the study, with dates to be determined.

Haliburton man charged with impaired driving

Officers of the Haliburton Highlands Detachment of the Ontario Provincial Police (OPP) stopped a vehicle on Peninsula Road, near County Road 21 on May 26 at approximately 8:30 p.m. Officers were concerned about an insecure load the vehicle was hauling.

Officers later determined the driver of the vehicle had been consuming alcohol.

William Tripp, 51 of Haliburton, has been charged with Impaired Driving and Driver over 80mgs. He will appear at the Ontario Court of Justice in Minden on July 4 to deal with these charges.

9-1-1 Board asks for funds

Dysart Council has agreed to the request by the 9-1-1 Ontario Advisory Board for a \$100 donation in order to maintain and improve the 9-1-1 capabilities within the province. The board is asking each of the 445 municipalities within the province for the same amount.

\$5,000 grant from Hydro One

Dysart has been awarded \$5,000 following a successful application to Hydro One's PowerPlay Grant program. The grant will be spent on new playground equipment, including an accessible swing, which will be installed in Head Lake Park after Labour Day weekend.



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Highlands news



Photo by Mark Arike
Abbey North Drummers set the rhythm for walkers.

Walking in solidarity

By Mark Arike

An event that marked the final Sunday Ramble of the spring also kick-started a new initiative being launched by Friends of the Rail Trail (FoRT).

About a dozen walkers and a few furry companions attended the May 27 Ramble and Stride hosted in partnership by FoRT and the Haliburton Highlands Grannies, both not-for-profit organizations. The free event, which started at the Rails End Gallery, took walkers on a six-kilometre roundtrip around the Village of Haliburton. Entertainment included the African rhythms of Abbey North Drummers and Scottish bagpiper Glen Edwards.

The new initiative that FoRT has embarked on, titled *Creating a Village Pathways*

Network, is designed to create a seamless signed and mapped network of interconnected pathways so visitors and residents can easily navigate from one landmark to another without a car.

FoRT has partnered with the Municipality of Dysart et al, Rails End Gallery, Haliburton Highlands Museum and the community on the project and received funding from the Haliburton County Development Corporation.

"The idea is to take existing trails, like Head Lake Trail, and other little pathways and turn them into a cohesive pathways network," said Pamela Marsales, president of FoRT.

Those interested in providing input for the project can contact Marsales by email at wildwoodpaths@yahoo.ca or phone 705-457-4767.

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New adventures await

By Matthew Desrosiers

They were grads after they left the halls of Sir Sandford Fleming College's Haliburton campus on May 25. The day marked their 2012 convocation ceremony.

"I want to commend you for the intensity of the efforts you put in," said Tony Tilly, campus president, in his address to the graduates. "We are proud. We... look at you as creative and innovative people."

"I hope as individuals you have achievements you'll be proud of for years to come."

Piper Earl Cooper led the way into the hall, where family and friends were eagerly snapping pictures to commemorate the momentous occasion.

While the graduates came from a variety of programs at the college, class valedictorian Jennifer Wilson-Bridgman said in some ways, they are all similar.

"What we have in common is a persistent and persuasive inner voice we couldn't ignore," she said.

Wilson-Bridgman, 51, embodies that statement. Unlike many of her colleagues, she went out into the world and didn't move into the arts until much later in her life. She moved from working abroad to leaving her job and dedicating herself to her art.

"I have truly never felt more joyful or alive," she said.



Photo by Matthew Desrosiers
Class valedictorian Jennifer Wilson-Bridgman

Her message to the graduating class was to never lose sight of what makes them happy in life.

"Ultimately, our life is our art," said Wilson-Bridgman. "Let's resolve to stay in touch with our creative spirit, and follow our bliss."

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Community events

Legion Auxiliary walks the walk

By Mark Arike

They came dressed in their Legion attire, ready to talk business and partake in a parade down Wilberforce's main street.

On May 27, Ladies' Legion Auxiliary members from across Zone 5 (Peterborough, Norwood, Havelock and Wilberforce) convened at the Lloyd Watson Centre for their annual convention. The parade, which was led by Bob Brown, included the sounds of the Haliburton Highlanders Pipes and Drums Band and Bancroft bugle player Troy Thrower.



Photos by Mark Arike

(Right) Parade marshal Bob Brown leads the Haliburton Highlander Pipes & Drums band and Legion Auxiliary members.

(Bottom) An Auxiliary member observes a moment of silence while bugle player Troy Thrower performs.



Historical Society recognizes student

Cox awarded plaque for history excellence

By Mark Arike

Each year, the Haliburton County Historical Society has committed to recognizing a high school student for their outstanding achievements in the subject of history. This year's recipient is Grade 11 student Zack Cox.

"This is a huge honour," said Cox during a presentation held before the historical society's annual general meeting on May 24. "I really enjoyed the history class. I enjoyed [studying] it in French. It was a bit tougher to learn because my French isn't as good as my English."

Cox said he plans to learn more about the county while he works his summer job at the Haliburton Highlands tourism information centre.

"I have learned quite a bit about the history of this area from there and I hope to continue to do so," he said.

"He's a diverse student," said Cox's teacher Paul Longo.

Longo also mentioned that Cox is passionate about English and is a talented

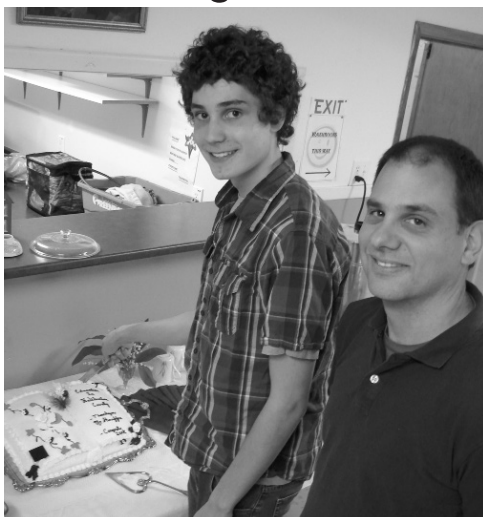


Photo by Mark Arike

Zack Cox (left) cuts a cake with his history teacher Paul Longo.

basketball player.

"I've coached him and it's been a joy," he said.

Cox finished the course with a 95 per cent average.



Photo by Heather Kennedy

Sheesham Crow (left) and Lotus Wight (right) performing at Haliburton Highlands Secondary School.

Dynamic duo delivers old-time sounds

By Mark Arike

Sheesham Crow and Lotus Wight brought their musical talents to family night at Haliburton Highlands Secondary School on May 23.

Not only did the event offer dinner and a free concert from the duo better known as Sheesham and Lotus, it also included presentations on mental health initiatives being implemented in schools across the county. Community partners in attendance included Point In Time, Community Living and Highlands Community Pregnancy Care Centre.

The event was organized by the parent involvement committee.

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Highlander environment

Meet the Highlands' Enviro-Heroes

The Highlander continues to shine a spotlight on some of our community's environmental heroes.

Every year, the Haliburton Highlands Land Trust recognizes the County's Enviro-Heroes at its Wild About Nature dinner and silent auction. Winners in each of six categories – health, stewardship, education, business, the arts, and youth – will be announced at this year's event on Saturday, June 16 at the Haliburton Legion.

Health: Brian Nash

Brian Nash believes strongly that by providing the tools for individuals and communities to live in a sustainable and self-reliant way, we can improve people's health and quality of life.

For Brian, an expanding global economy does not justify its profound effects on the natural world, so he decided to start making changes in his own life by moving with his two grown daughters to Haliburton and living off-grid. Designing and installing their own solar and wind-turbine power and wood-burning heating systems, the Nash family built extensive gardens complete with a large hoop house to extend their growing season and provide food for a significant part of the year.

His interest in locally produced food prompted him to get involved with Harvest Haliburton, whose mission is to facilitate the cultivation of a healthy local food system for the community. Brian is also a member of Dysart et al's Environment and Green Energy Committee and is president of the Haliburton Rotary Club.

Stewardship: Leora Berman

Leora Berman is the driving force behind the refurbishing and rebranding of the Donald Chemical building to create a unique stewardship centre. While the idea was first considered three years ago, Leora has developed and contributed to a collaborative effort that is seeing the conversion through over the last 18 months.

Leora is also the Managing Director of The Land Between project, which is dedicated to documenting and respecting the unique social, cultural and geological heritage of a large area of land in Ontario.

Recently, Leora completed a lake plan for Kashagawigamog Lake which, as well as monitoring water quality, is based on the heritage and social background of the lake. She draws on this to bring people together as a community to better their lake.

Education: The Gaia Centre

At the Gaia Farmhouse Retreat Centre and in other locations, the Gaia Centre offers programs in earth-based spirituality, ecology, sustainability, reinvention of work, and the arts of meditation. It draws upon local, national and international teachers to offer workshops in which participants are presented with new perspectives and strategies for working and living.

The Gaia Centre is the inspiration of Carol Kilby and Paul Irwin. In addition to the programming and experiences offered through the Centre, Carol and Paul are active in the community and provided leadership in the organization of the Haliburton County Earth Day Family Festival.

Business: Abbey Gardens

Abbey Gardens' vision is to become a world-renowned centre for community driven sustainable innovation, focusing the collective energy and talents of those who live, work and play in Haliburton County.

The organization has made significant progress on realizing this vision, including support for the first Farmers Market in Dysart et al, building raised garden beds at three local community gardens, the creation of a market garden in an old gravel pit, demonstration projects involving the installation of solar energy in conjunction with the microFIT program, and the construction of domed greenhouses for winter vegetable production.

Abbey Gardens owns a 210-acre site – a decommissioned gravel pit that will be restored. Plans for development include gardens, greenhouses, garden plots for community use, a store and commercial kitchen, a composting centre for organic waste, educational facilities, office space for staff and like-minded not-for-profit organizations, trails and solar and bio-mass technologies.

Join the Land Trust for its 5th Annual Wild About Nature event at the Haliburton Legion on Saturday, June 16. Entertainment by Haliburton Highlands Secondary School Jazz Ensemble. Hors d'oeuvres & Dinner by Rhubarb. Tickets are \$45.00 and can be purchased/reserved by contacting the Land Trust at 705-457-3700 or admin@haliburtonlandtrust.ca.

Food for thought Rhubarb redone

By Will Jones

Rhubarb: that fruit giant that takes over a corner of the yard if not kept in check. That tart-tasting stick that mom used to give you to dip in sugar when you were a kid (well, mine did). That huge leaf that makes a great hat or umbrella when caught in a shower.

Rhubarb has many uses but is often overlooked, shunned as nothing more than a jam or pie ingredient.

Well rhubarb, stop hiding under your broad leaves and let's make something different: a relish for a burger, a treat for the kids and a cocktail! Now we're talking.

Rhubarb Ketchup

2 kg of chopped rhubarb
250 g of chopped onions
3-4 crushed garlic cloves
100 g brown sugar
100 ml cider vinegar
1 tsp ground cumin
1 tsp ground coriander

Slowly roast the rhubarb, onions and garlic at 180 C for about an hour. Push the mixture through a sieve into another saucepan. Bring this to a simmer and add the sugar, vinegar and spices, stirring until everything is dissolved. Continue to simmer, stirring occasionally, until the mixture is thick and ketchuppy. Store in sterilized bottles or jars.

Rhubarb Dibdabs

Rhubarb
Sugar

Not great for the teeth but fun as an occasional treat, rhubarb dibdabs are nothing more than sticks of young rhubarb cut into six inch lengths, their ends dipped into a bowl of sugar or maple syrup by more than willing youngsters (I speak from experience). The sweet/sour taste is wonderful.

Rhubarb Vodkatini

Rhubarb syrup
Vodka
Ground ginger
Ice

To make the rhubarb syrup (which can be used for any number of cocktails) chop up 500g of rhubarb and put it in a pan with the juice of two oranges and four tablespoons of sugar. Gently stew for about 10 minutes, until the rhubarb is tender. Strain off the syrup and eat the remaining rhubarb with ice cream (chef's treat).

Now for the cocktail. Pour two parts vodka, one part rhubarb syrup, a pinch of ginger and ice into a cocktail shaker. Shake and strain into a martini glass. Cheers

County takes second cut at tree preservation bylaw

By Lisa Harrison

Warden Murray Fearrey was referring to the need for county council to reconsider portions of a draft tree preservation bylaw following public comments reported to council at its May 23 meeting.

Planning director Jane Tousaw presented her report following the May 19 public meeting her department held regarding the bylaw. She estimated about 30 people attended the meeting at the Haliburton Curling Club.

The shoreline tree preservation bylaw proposes to "govern the removal or injuring of all trees with a diameter of 10 centimetres or more" along all county lands within 30 metres of a waterway. The bylaw would not apply to cutting smaller plants such as raspberry canes, and it would allow for exemptions such as running electrical services and pruning to create a view.

The bylaw is intended to prevent unnecessary tree removal along shoreline and road allowances, in great part to eliminate clear-cutting. Clear-cutting along shorelines can damage lakes as it leads to erosion and eliminates natural filtering of contaminants before they reach the water. Contaminants can injure and kill aquatic

life, which in turn reduces the food supply for area wildlife.

Tousaw told council concerns were expressed at the meeting over a perceived need to receive permission to remove diseased and dead trees, a perceived inability to cut a path to a waterway, and the 10 centimetre measurement, as the public felt that smaller diseased trees could also be considered dangerous.

Also, since the county does not have the staff to monitor every property, the concern was raised that falsely reporting a neighbour's tree removal as illegal could become a way for sparring neighbours to escalate their conflicts.

Tousaw said she is advising property owners to call a qualified arborist or tree marker to receive verification that a tree requires removal, and to take a picture of the tree before removing it to help against potential false accusation from a neighbour that the tree was removed illegally.

She also advised council that if a property owner wanted a tree removed and the county refused the request and the tree fell, council could face insurance issues.

Council will reconsider the draft bylaw wording.

www.haliburtonhighlander.ca

Highlander outdoors

Shhhh...boating in progress

By Lisa Harrison

Non-motorized watercraft – canoes, kayaks and more – have come a long way over the years with the advent of new materials and new designs prompted by dedicated users providing feedback to manufacturers.

When it comes to canoes, whether you're a seasoned enthusiast or a first-time user, you have a wide range of choices including solo, touring, and pack styles. Construction materials include traditional wood, fiberglass and laminates that feature Kevlar, carbon and even flax.

You'll need to consider a variety of things when choosing your canoe, such as the type of water you'll encounter, the amount of time you'll spend in the canoe, and how many people you want it to accommodate. Paddles, too, come in many different sizes and designs, so you'll need specific information and a good fitting to make your best choice.

Kayaks are becoming increasingly popular for regular pleasure boating as well as racing and exploration. Construction materials include thermoformed ABS plastic, fiberglass and Kevlar. Designs range widely to accommodate the kayaker's experience level and desired use.

As with a canoe, in choosing a kayak you'll need to know many details, including type of water, length of use and who will paddle with you. You'll also need to know which cockpit size, which hull type and length, which seat location, and which paddle style best suit you. If you're a novice, you're wise to speak with a qualified marine dealer to help you make

your selection.

Looking for a fun craft for the family? How about a pedal boat? BionX International, known for its electronic bikes, has launched a catamaran pedal boat with its patented electric motor and the unique ability for operators to pedal independently of one another.

The BionX SeaScape 12 offers two adjustable seats and two front deck children's seats, plus windshield, underseat storage and a front tow hook. It provides smooth propulsion at speeds of up to 5 knots (8.1 km/h) with the assistance of two 12-volt batteries.

The multi-use console can be removed for security or to prevent the use of the electric assist. The five-blade propeller can be lifted for clearance in shallow waters, and batteries can be recharged with a standard or optional rapid charger.

Inflatables have also gone high-tech with the invention of new hull materials. These boats come in two categories: roll-



The BionX SeaScape 12 pedal boat features the patented BionX electric motor and two 12-volt batteries as a secondary power assist.

up inflatables and rigid-hull inflatable boats (RIBs).

Suitable for pleasure boating and fishing, inflatables can also be powered with outboard, sterndrive or jet engines for saltwater fishing or watersports.

You can choose from basic models with molded seating or styles that include a console and captain's chair. The variety of accessories on some models may surprise you – one style includes a kitchenette,

freshwater shower and room for a portable toilet. If you'll use your inflatable for water sports, check out ski mast and gear locker options.

Choosing the right boat requires the support of a knowledgeable marine dealer, particularly for novices. Be sure to check out your local dealers carefully to find the right fit there, too.



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- Visit us at the Haliburton Home and Cottage Show this weekend!









Community events



Showcase marks the end of an era

Dancers pay tribute to studio's founder

By Mark Arike

Haliburton Dance Arts (HDA) students weren't just dancing for their parents, friends and family. This one was for Terri.

Dancers between the ages of two and 18 put on three shows at the Northern Lights Performing Arts Pavilion between May 25 and 26. Dance styles included jazz, ballet and acrobatics.

This year's recital was an emotional one as it marked the final event that HDA's owner, Terri Matthews, would be a part of.

Saturday's final performance concluded with a special presentation to Matthews, who was shocked and emotionally overwhelmed.

"It was unbelievable," said Matthews in an email. "I bawled like a baby... it was the most wonderful thing I have ever seen."

The presentation featured a PowerPoint presentation with photos dating back to 1996 – the year that Matthews launched HDA – and her favourite songs from the years. Then all of the students came out and put on a choreographed dance.

The Haliburton-based business was recently taken over by 23-year-old Chyna Schell, one of its long-time students. Schell has changed the name of the business to Haliburton Dance Academy.

Photos by Mark Arike

(Top) Heather Zahn, Tori Allin, Kristin Adams, Emma Scheffee and Abby Gordon perform in a jazz piece titled Everybody Dance Now. (Middle left) Shay Hutchings, Sara Stephenson and Quinn Schell in the senior jazz piece Distortion. (Middle right top) Dawson Hutchings strikes a pose. (Middle right bottom) Quinn Schell and Loretta Kerr dance to Time of My Life. (Bottom) The Autumn leaves girls: Tanisha Gordon, Shelby Elstone, Shay Hutchings and Jaimie Dack.

Highlands business

Highlands Cyclery wants you



Photo by George Farrell

Jason Sheppard outside his newly-opened Highlands Cyclery store in Minden.

By George Farrell

It can be argued the best location for a business in Minden is at the corner of Bobcaygeon Road and Water Street. If the axiom of 'location, location, location' is to be believed, then it's an auspicious beginning for Jason Sheppard, who recently opened Highlands Cyclery at the advantageous corner. The business opened softly in the first week of May and Sheppard is taking his time in getting up to speed.

"I'm still in the feeling out process," he said. "For the bike season I plan on being open seven days a week. [We] will initially concentrate on bicycle repairs, tune ups, fixing flats and making adjustments."

"We have some good quality used bikes for sale ranging from \$100 up to \$600 for a bike with an electric-assist engine. I also have bikes for rent and I'll be getting in a good stock of quality helmets."

Other available accessories in the store include wheels, tubes, tires, pumps, brake pads, lights, handlebars, forks, a line of cleaners and oils, as well as bear bells. Sheppard, who had a run-in with a bear while cycling, said the bells worked like a charm.

Another thoughtful accessory is an all-natural fly and mosquito repellent made by Sheppard's partner Amanda Vollmer, who is a trained naturopath.

"If you can't find what you need in the store, there's a good chance that I can get it delivered the next day, providing that the orders are placed before noon," he said.

At the present time there are no new bikes in the shop, but Sheppard said he will carry them when he gets a better idea what people are looking for.

Any new business takes a lot of time and dedication, a point not lost on Sheppard who will be giving up racing this season. He has raced in cross country competitions since 2004 for the Angry Johnny's/Cycling Solutions team which numbers "several dozen people."

Sheppard readily acknowledges the challenges he'll face in starting a new business, though he's been acting on good advice.

"I met Dough Smith at the organic seed exchange in the early spring and he suggested I meet with Andy Campbell. I ended up securing a small loan from Haliburton County Development Corporation (HCDC) which helped me open the business," Sheppard said.

That's all well and good, but there's the question of what to do in the winter months.

"The hope is that I make enough in the summer to carry us through the winter," Sheppard said. "I used to co-own a bike shop in Toronto, and I acquired welding and fabricating skills. My eventual goal is to set up a shop where I can fabricate custom bicycle frames, which I could do through the winter."

Sheppard feels the time is right for more bicycle activity in Minden.

"I'd like to organize local Friday night bike races for kids and adults," he said. "I'd also like to find a place nearby where the kids can have dirt ramps and maybe trails for them to ride on. The kids are looking for them. I'm 34 and I still like looking for dirt ramps. They're a lot safer than the skate board parks because falling on dirt has way more give to it than falling on concrete and steel."

Sheppard is out riding whenever he can get away.

"It's finding that proper balance with the baby, the shop and getting out in to the community," he said. "I'm riding with the Haliburton Mountain Bike Club. We meet every Wednesday at 6 p.m. at AO Boatwerks in Haliburton village. Then we ride up to the museum where we access

the great mountain bike trails in Glebe Park. It's a good mix of kids and adults."

Sheppard rides a Norco Torrent carbon fiber race mountain bike which has a retail value of about \$3,600. In all probability you won't need such a high performance machine, but if your trusty model needs some maintenance, Highlands Cyclery is offering a tune up special for \$30.

You can reach Jason Sheppard at 705-821-BIKE (2453) email: highlandscyclery@gmail.com or twitter.com/highlandscycle.

"I'd like to organize local Friday night bike races for kids and adults"

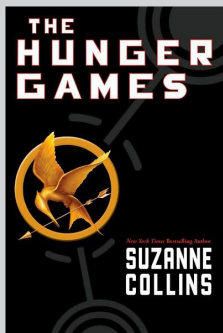
Jason Sheppard

Highlands Cyclery Owner

Highlander arts

Haliburton County's Hot Reads

The following are the top five fiction and non-fiction titles as requested at the Haliburton County Public Library this week.

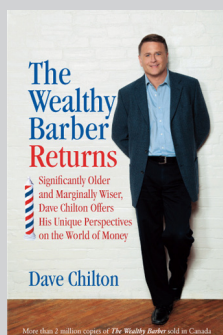


HCPL's TOP FIVE FICTION

1. *Stray Bullets* by Robert Rotenberg 🇨🇦
2. *The Hunger Games* by Suzanne Collins
3. *Calico Joe* by John Grisham
4. *Deadlocked* by Charlaine Harris
5. *The Imposter Bride* by Nancy Richler 🇨🇦

HCPL's TOP FIVE NON-FICTION

1. *Drop Dead Healthy* by A.J. Jacobs
2. *The Wealthy Barber Returns* by David Chilton 🇨🇦
3. *Under An Afghan Sky* by Mellissa Fung 🇨🇦
4. *Steve Jobs* by Walter Isaacson
5. *Wishes Fulfilled: Mastering the Art of Manifesting* by Wayne Dyer



Cheeky vampire-romance novelist Charlaine Harris is back with her latest Sookie Stackhouse book *Deadlocked*, which is sitting at #4 of HCPL's Top Fiction list. The Sookie Stackhouse series, the basis for the popular HBO show *True Blood*, follows a waitress/telepath named Sookie Stackhouse and her boyfriend/vampire Bill Compton, living in backwoods Louisiana. *Deadlocked* finds Sookie and Bill thrust back into vampire politics when a murder is committed while Felipe de Castro, the Vampire King of Louisiana, is in town. Sookie thinks that, at least this time, the dead girl's fate has nothing to do with her – but she is wrong. She has an enemy, one far more devious than she would ever suspect, who's out to make Sookie's world come crashing down. *Deadlocked* is the 12th book in the series and said to be predecessor to the finale, which will be released in 2013.

Library News

Chair Yoga at the Dysart Branch of the Haliburton County Public Library is back by popular demand. Running from 12 to 1 on June 5, 19, and 26, join Lynda Shadbolt and learn some basic stretches that you can do in a chair to help maintain your flexibility and strength. These classes are perfect for those who spend a lot of time sitting, and for those with limited mobility. Everyone can benefit and no experience is necessary. Entrance is by donation to the Friends of the Library.

Bringing scrap metal to life



Photo by Matthew Desrosiers

Heather Inwood-Montrose poses with 'Eagle,' one of her pieces from the "Metaluxe" exhibition currently on display at the Rail's End gallery.

By Matthew Desrosiers

Bancroft artist Heather Inwood-Montrose took time to meet with Haliburton residents for her "Metaluxe" solo exhibition at the Rail's End gallery on May 25.

The artist has 15 years of welding experience in the aerospace industry. She uses those skills to create art out of re-purposed metal.

"[I] used every break to do something creative," she said of her time as a professional welder.

Now, Inwood-Montrose runs a business and studio out of Bancroft. She uses what she calls her 'Four Pillars' to sustain her artistic career. Those pillars are art, commissioned

work, repairs and teaching. Without the business side, she wouldn't be able to support her art, she said.

The "Metaluxe" exhibition showcases various artistic and three-dimensional representations of birds in their natural environments.

"I wanted to do something with birds," she said. "Each of the birds have their environments around them. I tried to capture [that] as well."

While her medium is essentially scrap metal, Inwood-Montrose sees the metal in terms of shapes and potential.

"[The metal] comes alive in the[se] creatures."

State of the Arts

Comedy, tragedy's smarter little sister



By Victoria Ward

You need a sense of humour to live in a place like Haliburton County. It's something a lot of people here have. Let's face it, spending six weeks being eaten alive by bugs each year at the warmest, prettiest and nicest time of the day makes you humble and this choice some of us have made can seem absurd.

I take being funny fairly seriously.

I began my artistic career in theatre as a comedian of sorts. I didn't do stand up but I did a smattering of sketch style comedy and performed for laughs, not tears. Truthfully, I was a terrible actress; I just didn't have the take no prisoners' unction one needs to be Portia from Shakespeare or Nora Helmer from Ibsen. Tightly wound and regime oriented actresses also scared me.

But I have great respect for the actress who can make me spit out my food laughing. It doesn't happen that often but when it does the word brilliant is usually uttered.

A recent tussle on social media about being funny centered on the work of writer Christopher Hitchens. He was a great writer, funny, a famous uppity atheist and epic imbibor. He once wrote a thousand word essay for *Vanity Fair* in a couple of hours after a three-scotch lunch and won a prestigious award for it. He is also widely known as the man who didn't think women are funny.

I admired Hitchens. His gravitas was legendary, and he should be thought of fondly regardless of his opinions which were many and very controversial. It is his *Vanity Fair* 2007 article about women not being funny that still makes waves.

Yes, five years on, social media is ablaze with this question in our culture about whether women can be funny or not.

Today there are women who have assumed roles as creative producers of TV shows, movies and theatre productions that were once completely dominated by men. They write, perform, produce and have control over their careers in a way that we have never been seen before.

Hitchens' argument essentially boils down to the fact that women have too much to fear because they are the child bearers and some things aren't funny. Men however are useless except for the one thing and they can have a much more absurdist and fatalistic view on life. Also, humour gets you chicks. Hmm.

This theory works if you think comedy is just 'ha ha ha' laughs and not something more profound, which it is. Comedy, the art of it and not just the base infantile practice of trying to get someone to smile, is the crucial other half of tragedy.

The shared experience of performance in ancient Greece where these things were named and examined first was thought of as transformative. As an audience member you weren't entertained by someone on a stage who was trying to get you to laugh. You spent several days in the open air, sharing food and wine and participating in stories that made you cry, laugh, exhausted, inspired and terrified. You left drained and educated. You were changed.

Comedy was used to tear the veil off of convention. The fool, as these characters came to be known, were the rebels, the radicals that made you think while you were experiencing catharsis. Comedy became essential to performance and an art form in its own right.

I think Hitchens' reference to humour is not the art form that

I speak of. His funny is the kind of "take my wife, please" humour made universal by television over the last sixty years and predominantly male. On this basis, I don't totally disagree with him.

However women like writer/actress Tina Fey are doing something different. Her comedy is art. She is able to surface some deeply radical ideas for a mainstream audience. It's not easy to do. Female journalists are now turning on her because *30Rock* is past its due date. This shows her power: she is inspiring the kind of jealousy usually reserved for beautiful women.

Another example is Emma Thompson who wrote one of the most successful period piece movies ever produced, *Sense and Sensibility*. A former sketch comedy artist herself, her movie evokes the sly and esoteric humour that Jane Austen used so well.

You know those moments in Austen when the heroine realizes she wants to make her choice based on love but she must be practical too? She needs to eat right? Austen makes these moments tragic and hilarious — no easy feat. Yes, a brilliant writer and funny and a woman and she wrote over 100 years ago — Mr. Hitchens really!

I think we need to turn the question 'are women funny?' into something else. The facts prove that many women are masters at making comedy an art, preserving the ancient ritual of transformation where truth becomes something shared and enlightenment comes with a belly laugh. It may not be a three-scotch lunch or a winning literary prize some female comedians get known for, but you can bet if she made you laugh it's because she said something that also made you think.

Highlander technology

What's slower than dial-up?

Molasses in January, a Honda full of elephants going uphill, a herd of snails traveling through peanut butter, etc... You get the picture. Dial-up is ultimately and painfully slow. But unfortunately for thousands of people in the Haliburton Highlands, they are stuck with this archaic form of internet browsing. A simple web page like Google.ca can take up to five minutes to load. E-mails with pictures attached can take all morning to arrive and if you want to look at MSN.ca, then make a sandwich and have a nap.

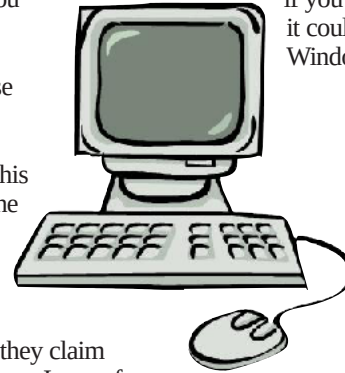
So what are your options for faster internet? You can wait for high speed to come to your area. Supposedly everyone in Ontario will have high speed by 2014; I could have sworn they said 2012 just two years ago. If you don't want to wait another couple of years or longer, put a tower in your backyard or a satellite dish on your roof then salvation may be available now.

Bell and Rogers offers the Turbo Stick which looks like a USB thumb drive that you plug into your laptop or desktop computer and works like a cell phone. It's good for individual use and the stick is free if you sign up for a three-year plan

with Bell or Rogers. The speed is fairly good and there are an assortment of monthly plans you can get varying in price depending on how much downloading you do.

Also available from Bell and Rogers is the Hub. It's about the size of a DVD case and sits on a shelf in your house. When it's turned on it supplies wireless internet throughout your residence and outside. This makes it good for multiple users as anyone with a wireless device can access it after entering the passphrase to get connected. It also has four Ethernet ports in the back if you want to plug your desktop into it with a cable. In fact, they claim you can run up to 15 devices from it at once. It runs for \$99 with a two-year plan from Bell or Rogers and also has varying monthly rates depending on how much downloading you want.

Now the downside, and you knew it was coming. The



The Computer Guy

prices per month go up with the amount of downloading you do. So if you download music or movies it could get quite expensive. Also Windows, Java, Flash and pretty much any program you have on your computer will attempt to update itself in the background when you're connected, which could make you go over your allotted download space per month, therefore incurring additional costs.

If a cell phone signal is poor in your area then the Turbo stick may not work at all. However there is an option to attach an external antenna to the Hub which could help.

I hope this gives the people stuck with dial-up an option instead of watching the screen load while cobwebs form around you. If you need more info or you have any questions, please feel free to e-mail me at computerguy@haliburtonhighlander.ca Happy safe computing!



By David Spaxman

Forest leads the charge

Sustainable revenue cycle not a pipe dream

By Lisa Harrison

Peter Schleifenbaum, manager and president of Haliburton Forest and Wild Life Reserve, says he doesn't care about the wood products economy anymore.

"I'm trying to work it out so we're not affected by the cycle anymore," he told the audience at Haliburton County Development Corporation (HCDC) Day of Ideas, organized by the Pinestone Resort on May 29.

Schleifenbaum outlined the evolving processes and technologies the reserve has incorporated to ensure the forest remains sustainable not only ecologically but also financially.

To do this, Schleifenbaum and his team have conducted extensive research, worked with the University of Toronto (U of T) Faculty of Forestry research camp teams at the reserve to test research findings and new concepts, incorporated global best practices, and pioneered several of their own. Their initiatives could help forest reserves around the world become both more sustainable and highly profitable.

Haliburton Forest is a privately owned 70,000-acre sustainable forest. Depending upon the season, visitors can find traditional pursuits such as fishing, camping and snowmobiling, more exotic recreation such as canopy walks, and cultural elements such as the Sculpture Forest. There is also a wolf reserve on site.

Schleifenbaum says he has four goals moving forward with the forest. They will consolidate the recreation operations, strengthen retail components, capture more value from forest

products and expand into bioenergy.

"There [can be] no ecological sustainability without economic sustainability," he said in an interview with *The Highlander* during the Haliburton Forest's open house on May 26.

Last year the reserve partnered with local artisans to open a retail wood products store in Haliburton that was successful enough to warrant opening another in Huntsville this year.

Sustainable logging provides another revenue stream. Schleifenbaum added a sawmill to avoid the crash other logging operations experienced when sawmills closed during the latest recession. Now he's learning how to use of every ounce of milling waste – the bark, chips and sawdust that total more than 50 per cent of a tree's volume.

The options include wood gas, which is being used in India and Europe to power municipal and industrial systems. The gas heat can be used to run the forest's sawmill kilns.

The "waste product of the waste product," an inert carbon called biochar, acts as a magnet for plant nutrients. U of T has confirmed biochar is good for the Haliburton Forest soil, and Schleifenbaum says tree growth rates could double within five years. It will also make a great revenue generator as carbon is in demand.

Until recently, biochar had only been researched in the agricultural context. Haliburton Forest is the first institution to research biochar in the forestry context.

"This is where it has a lot of applications. There is no downside to it."

Another revenue-generating offshoot is biodiesel. "Really, I'm just sitting on an oil well," said Schleifenbaum. "This [sustainable revenue cycle] is not a pipe dream. Five years ago I was not so certain. Now I'm sure it works."



Photo by Matthew Desrosiers

Peter Schleifenbaum discusses sustainable revenue at the Haliburton Forest open house on May 26.

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This position would be of interest to a student entering or currently enrolled in a post-secondary institution. A personable nature, excellent communication and computer skills, the ability to work to a high standard and a willingness to pitch-in with maintenance is required.

Students must be registered with Young Canada Works, www.youngcanadaworks.ca, in Heritage Institutions. The position commences June 12th, 35 hrs. per week, \$11.00 per hr. and is of 12 weeks duration running to September 1st. The position requires weekend work.

*Applications should be directed to Thomas Ballantine,
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Senior highlanders

Stretching out

Dear Penny,

I take a long walk almost every day to stay in shape. My friends tell me I should do stretching exercises before I walk, but I've never done them and I feel silly doing them now. Is stretching something I should incorporate into my exercise routine to be sure my joints stay flexible?

Lucy Goosey

Dear Lucy,

The theory goes that stretching before exercising prevents injury to joints and muscles but the facts don't seem to bear that out. In fact, studies show little difference between the people who stretch and the ones who don't in terms of the injuries they sustain.

Warming up before exercising appears to be the smart thing to do. Whether you run in place, swing your arms and legs or simply do contractions and relaxation of various muscle groups, warming up gets your heart pumping and prepares your body for exercising without unnecessary strain.

It's true we lose some flexibility as we age and it's important to have a normal range of movement in order to go about the activities of daily living comfortably. But in my opinion, unless you have suffered from an illness or injury that affects your muscles or joints, or you are an athlete preparing to take to the field, it's unlikely you need serious stretching exercises.

Do you need to be more flexible than you are? I couldn't say. But if flexibility is your goal and you want to incorporate flexibility exercises into your normal exercise routine, I'll suggest a few you can safely use.

First, a couple of important warnings.

Do not bounce. Bouncing sometimes takes you beyond your normal range of movement and can damage muscles or ligaments.

Do not use gravity to help you get where you couldn't go on muscle power alone. Gravity can create stresses and strains that may do more harm than good.

Hamstring Stretch

Sit on the floor with your legs stretched out in front of you.

Aging Well



By Penny Brown

Reach for your toes and when you are at a point of discomfort (but not beyond) hold that position for 15-60 seconds. Repeat five times.

Achilles Stretch

Place your right leg behind you and lunge forward on the left leg. Lower your right heel to touch the floor and hold that position for 15-60 seconds. Repeat five times.

Reverse legs and repeat.

Tailor Stretch

Sitting cross legged on the floor, use your hands to press down on your knees to the point of discomfort – but not beyond. Hold that position for 15-60 seconds. Repeat five times.

Neck Stretch

Gently roll your neck to the right attempting to keep your head as far to the right as possible. Hold that position for 15-60 seconds. Repeat five times.

Repeat the exercise to the left this time.

Shoulder Stretch

Raise your right arm to shoulder height and bend it 90 degrees at the elbow so your forearm is in front of your face. Use your left hand to pull your upper arm across your body and stretch the shoulder. Hold that position for 15-60 seconds. Repeat five times.

Now repeat the exercise for your left arm.

Readers, if you have any other questions – about your mobility, your comfort, or just about getting through your day more safely and easily, I want to hear them. For real-life answers you can use, write to Penny at penny@haliburtonhighlander.ca.

Penny Brown graduated from the University of Toronto's School of Rehabilitation Medicine as a Physical and Occupational Therapist.

Communication technology can improve health care

By Lisa Harrison

More than 40 event attendees had the opportunity to quiz a panel of speakers following morning presentations at Haliburton County Development Corporation's (HCDC) Day of Ideas on May 29. The event was organized by the HCDC at Pinestone Resort and Conference Centre.

Questions centred on health care communication technology in the home and were addressed by Chancellor Crawford and Sarah Sharpe of QoC Health Inc. and Lia Tsotsos of the Sheridan Elder Research Centre (SERC) at Sheridan College.

Crawford and Sharpe had discussed ways in which technology can allow doctors to follow up with patients at home by phone or e-mail after treatment. A participant asked if the way in which doctors are paid would be a barrier to this care model.

"Absolutely," said Crawford, QoC's chief executive officer. OHIP and insurance companies use a code process for billing, which would require a code for every e-mail or phone call, said Crawford. He added the new model would create efficiencies for surgeons.

Sharpe, QoC's chief performance officer for healthcare

analytics, said with the home communications care model, the doctor could bill for each call and e-mail to the home, and could reduce wait times and see more patients, which would benefit both the patients and the doctor.

Participant Pam Sayne of Know Your Home Inspections Inc. said while she was excited about the new technologies, this process assumes the home is a safe, affordable and healthy place. During one of Payne's inspections, a homeowner with a heart condition had blue lips. Sayne found a butane heater intended for camping being used indoors, resulting in blood poisoning. She noted that such problems cannot be caught by doctors via phone or e-mail.

Crawford agreed, but added home care providers such as Community Care Access Centre are critical adjuncts to the physician's care. Care providers could work directly with this care model.

Tsotsos, principal researcher at SERC, agreed. She had discussed new technologies to address older adults' needs and interests in her presentation, and said the need for visual contact is one reason SERC is investigating a home monitoring system by which the physician and caregivers could see both the patient and the home environment.

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COMMERCIAL SEWER for boat seats/covers, willing to train the right person, flexible hours, email resume to precisionauto@bellnet.ca (M31)

ANNOUNCEMENTS

LINDA READE, MA, RSW opens new business - *Life Passages Counseling* - June 2012, offering individual/ couples counseling, grief/ loss issues, caregiver workshops/groups, women's group on Native teachings. Linda has 20 years of experience in health/health care, fees covered by insurance, for information/appointments call Linda, 705-854-1635

ANNOUNCEMENTS

19th ANNUAL YOUNG EAGLES DAYS - May 31-June 2, Haliburton-Stanhope Airport's, in celebration of the 100th anniversary of powered flight by the Wright Brothers in 1903, Thursday 5-8 p.m., Friday 5-8 p.m. & Saturday 9 a.m.-2 p.m., **FREE AIRPLANE RIDES**, program for students between 8 & 17 years of age requiring consent forms from parent/guardian to participate, 705-457-5272 (M31)

IN SUPPORT OF Lynda Johnston and family, who lost everything in their house fire, April 27 on Burke Road, Caroline Redner has established an account (03292-8994506) at the Haliburton BMO where the community can make contributions to assist the family. Contact Ruby Johnston, 705-286-1146 (M31)

HALIBURTON COUNTY FAIR Annual Family Beef BBQ Saturday June 9

S. G. Nesbitt Memorial Arena-Minden

Meet & Greet 5:00 PM
Dinner 6:00 PM
Loonie Auction 8:00 PM

Admission
Adults \$15.00

Children under
age 10 \$6.00

Children under age 6
FREE

Everyone Welcome, come out and Enjoy!



THOSE OTHER MOVIES

Thursday, June 14/12:
THE ARTIST
(To be confirmed*)

2 shows - 4:15 & 7:15 - Tickets \$8.00
at the Northern Lights Pavilion door

2012 Oscar winner for Best Film, **THE ARTIST** is a highly entertaining love letter to the days of silent film. Rated G (118 min.) *Please note, due to DVD release date change, we may be unable to bring **THE ARTIST** and will substitute **CARNAGE**, a sophisticated dark comedy by Roman Polanski, with Jody Foster & Kate Winslet.

For updates: www.haliburton-movies.com
Passes for Season 7 - September 13/12 thru June 13/13 Available at the Northern Lights on June 14/12. \$80 for 10 films


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Community events

EVENTS

Liver Health and Hepatitis C

1st and 3rd Friday of the month from 11:30 a.m. -12:30 p.m. Followed By A Peer Support Group 12:30 p.m. -1:00 p.m. Join us for a Lunch and Learn Presentation with informed speakers and the companionship of those at risk and/or who have contracted Hep C

June 1	Mental Health
June 15	Harm Reduction
June 29	No Program
July 6	Nutrition
July 20	Vision Boards...Imagine Your Future
Aug 3	Stigma
Aug 17	Barriers
Sept 7	Celebration Pot Luck

Haliburton Highlands Family Health Team
7217 Gelert Road Haliburton (please check in at the desk to be directed to the Hepatitis C team)

This drop-in program is FREE!
Attend One or Attend Them All!



Oshawa Community Health Centre Please call to register:
1 855 808 6242

Usui Reiki Class Level I

Tuesday June 5th
9:30 - 4:00
1419 Barry Line Rd.

Reiki is a Japanese holistic healing technique that uses universal life force energy for healing. Reiki can be learned by anyone and can be used anywhere without any special equipment.

Benefits: Reduces stress; Improves sleep; Enhances learning; Restores your energy; Speeds healing from illness.

In this Usui Reiki Level I Certification Class, you will receive a powerful attunement that will allow you to channel healing energy through your hands.

At the end of this class, you will be empowered to use the techniques you have learned to treat yourself and others.

This class will be taught by Val Craftchick.

Cost: \$175.00 per person includes certificate and manual.

Call 705-854-0889

Email: coyote_is@msn.com to register.

For more information, go to
www.coyote-springs.ca

May - June 2012

TheHighlander Community Calendar

UPCOMING EVENTS & NOTICES

- **May 31 - June 2** - Haliburton-Stanhope Airport's 19th Annual Young Eagles' Days, in celebration of the 100th anniversary of powered flight by the Wright Brothers in 1903, Thursday 5-8 p.m., Friday 5-8 p.m. & Saturday 9 a.m.-2 p.m., FREE AIRPLANE RIDES, program for students between 8 & 17 years of age requiring consent forms from parent/guardian to participate, 705-457-5272
- **June 16** - Rails End Trash N Treasures Community Yard Sale, a FUN-raising event for Rails End Gallery and Arts Centre, Head Lake Park, Haliburton Village, 8 a.m., including art exhibits, music, food, antiques, vintage stuff, plants, toys, tools & other treasures. Special features: a Butter Tart Contest from 9-11 a.m.; find out what your treasure's worth with Why Not Collect It from 10-noon; Chariot of Fire hot glassblowing demo with Artech Studio & Lia's Glass Dreams from 11-4 p.m. To book your spot, download vendor registration information at www.railsendgallery.com, 705-457-2330
- Ontario Early Years Centre, First Ride School Bus Program, Haliburton OEYC on Tuesday, June 12 at 10 a.m., Minden OEYC on Tuesday, June 26 at 10:30 a.m. - if you have a child starting school in September, join us to meet a bus driver, learn the bus safety rules and take a bus ride around town, rsvp Haliburton OEYC 705-457-2989 or Minden OEYC 705-286-1770

THIS WEEK'S EVENTS

Thursday - 31

- Lunch & Learn, Haliburton Highlands Land Trust, at the Wild Moose Café, 12 noon, buffet lunch, 1 p.m., presentation, guest speaker Sheila Ziman, Chair of the Land Trust, \$20 per person, contact Linda for tickets, 705-457-2064

JUNE

Friday - 1

- Bike Month - Kick Off, Algonquin Outfitters Boatworks, 218 Highland Street, Haliburton, 6 p.m., celebrate the start of Bike Month by meeting other cyclists and watching cycling videos, for more events, contact the Health Unit, 705-457-1391, www.cycle.haliburton.ca
- Cribbage, Community Care, Haliburton, 1 p.m., 705-457-2941

Saturday - 2

- Haliburton County Folk Society, Open Stage, Dominion Hotel
- Haliburton Master Gardeners Plant Sale, Gazebo on Village Green in Minden, 10 a.m., lots of hostas, daylilies, perennials and grasses, contact Sue, 705-457-1918

Sunday - 3

- Granny Tea Party, Zion United Church, 2-4 p.m., tickets \$12, proceeds to support the Stephen Lewis Foundation, 705-286-2198

Monday - 4

- Minden & District Horticultural Society Event - watch for the team in blue in downtown Minden planting the barrel, bridge and river walk gardens - why not stop and say hello!
- Monday Morning Walking Group, OEYC Minden, 10 a.m., start the week of by enjoying a walk along

the boardwalk, down a nature trail or to the park, for parents and walking children or children in strollers, 705-286-1770

- Haliburton County Table Tennis Club, 6-9 p.m., St. George's Church, 617 Mountain Street, Haliburton, Mary or Jeff Martin, 705-457-2260
- Celebrate Recovery, Lakeside Baptist Church, 7-10 p.m., admin@lakesidebaptist.ca
- Contract Bridge, Community Care, Haliburton, 1 p.m., 705-457-2941

Tuesday - 5

- Minden & District Horticultural Society Events - Minden Community Centre, 55, Park Street, regular monthly meeting, 7 p.m., guest speaker Gina Atkinson will speak about horticulture in the Haliburton Highlands
- Wii, Community Care, Haliburton, 9:30 a.m., 705-457-2941
- Yoga at the library, Howard Roberts Room, 4-5 p.m., admission by donation

Wednesday - 6

- An Evening with Carol & Gene Kent, Lakeside Baptist Church, 9 Park Street, Haliburton, 7 pm, Carol is an international speaker best known for being dynamic, humorous, encouraging and biblical, and has authored several books, tickets \$10, everyone welcome, pre-registration recommended
- Pickleball, Minden Community Centre, 9 a.m. to 12 noon, equipment supplied, bring clean court/running shoes, contact Doug, 705-489-3850
- Community Drumming/Rhythm Circle, Rails End Gallery, 7:30-9 p.m., 705-457-2330

WHAT'S HAPPENING AT YOUR LOCAL LEGION?

HALIBURTON Branch 129 - 705-457-2571

- Wednesdays - 7 p.m., Bingo
- Last Thursday of month - 1 p.m., Ladies Auxiliary

MINDEN Branch 636 - 705-286-4541, rcbranch636@hotmail.com

- Wednesdays - lunch time Meat Draw
- Thursdays - 7:30 p.m., Euchre
- Fridays - 5-7 p.m., Fish & Chips Dinner

WILBERFORCE Branch

624 - 705-448-2221,
jandreamweaver@aol.com

- Friday, May 25 - 7 p.m., Honours & Awards; 9 p.m. Jam Session (This week only.)
- Saturday, May 26 - Horseshoe Tournament, 11-12 noon-registration, 12:30 p.m. start, \$10 entry fee, food available
- Friday, June 1 - Ham/Scalloped Potato Dinner, 5-7 p.m.

Veterans - if you require assistance completing any DVA forms, contact your local Legion Branch (membership not required) - we are here to assist you.

- Saturday, June 9 - 3rd Annual Rick Rowe Memorial Horseshoe Tournament

- Mondays - 7 p.m., Bid Euchre
- Wednesdays - 7:30 p.m., Darts
- Fridays - 1:30 p.m., Pool; Jam Session, 7 p.m.
- Saturdays - 2 p.m., Meat Draw; 9 p.m., Karaoke
- Sundays - 1-6 p.m. Free Pool, Retro Drink Prices

E-mail louise@haliburtonhighlander to have your local event advertised.

Highlander sports



Photo by Matthew Desrosiers
Rick Dingman throws his shoe as opponent
Ranold Wright looks on.

Slingin' shoes

By Matthew Desrosiers

The Gooderham Community Centre saw horseshoe championship action on May 28 as 11 teams, the most in the event's history, showed up to compete for a spot in the provincial over 55 summer games.

Mixed teams and all-men teams competed throughout the day, but only two could advance to the provincial games. Ron Barr and Dave Stokes were chosen to compete in the men's doubles event, while Mary-Lynne Patterson and John Preswich will compete in the mixed doubles competition in Brampton from August 14 to 16.

Golfing for the fun of it

Business community unites at second annual event

By Mark Arike

Business owners and staff traded a day at the office for a day on the course at the second annual Haliburton Highlands Chamber of Commerce golf tournament.

The event, which was held at Blairhampton Golf Club on May 29, included 18 holes of golf, breakfast and lunch, contests and prizes. A total of 28 golfers participated.

"They [the golfers] loved the idea of being able to play with other business people," said Chamber manager Rosemarie Jung.

Jung called the event a "fun raiser" rather than a fundraiser.

"It has never really been a fundraiser for us [the Chamber]," she said.



Photos by Mark Arike

(Right) Dave Webb of Sir Sam's tees off at the Chamber's second annual golf tournament on May 29. (Above) A group of ladies approach the green.



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The Reeve's Report

Every Wednesday one of our county reeves talks with Mike Jaycock, just after the 8 a.m. news.

May 23rd, Barb Reid, Reeve of Minden Hills
May 30th, Carol Moffatt, Reeve of Algonquin Highlands
June 6th, Murray Fearrey, Reeve of Dysart et al
June 13, Dave Burton, Reeve of Highlands East

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Horseshoe Lake - \$279,000



- 3 bedroom vintage cottage
- 2 lake chain
- Sand beach, clean shoreline
- West exposure
- Prime level lot

Halls Lake - \$469,000



- 4 season cottage on point lot with 250 ft.
- natural rock shoreline
- one of Ontario's cleanest & deepest lakes
- cottage sits close to the water's edge
- waterfront bunkie



Cathy Bain
705-286-1234
ext 224*

Private Lake - \$599,900



- 3,000 ft frontage, 102 acres mixed bush
- private 30 acre spring fed lake
- 2 + 1 bedroom, 1 bath
- 1,248 sq ft living space, yr round home
- 24 x 12 insulated, dry walled w/ garage

Ultimate Privacy - \$399,900



- spectacular 66 acre family compound
- 1,000 + feet frontage on Baker Lake
- cedar Panabode log home
- 1,092 sq ft 3 bedroom Chalet home
- Insulated barn with workshop, double det garage



Debbie Cumber
705-457-2414
ext 24*



Lindsay Elder
705-457-2414
ext 223**

Bobcaygeon Rd - \$115,000



- Over 10 acres -
- backing onto Crown Land
- Fabulous hunt camp or get-away property
- Drilled well and septic
- Interior can be finished to your taste
- Year round road

Brady Lake - \$269,900



- Looking for a 'cottagey' cottage?
- Vintage Viceroy 3 bedroom
- 137 ft w/ft & acreage to the left
- level lot - sandy beach
- screened-in Haliburton room
- memories of old school Cottageing



Larry Hussey
705-457-2414
ext 23*

Minden Lake - \$389,000



- w/it home - minutes to Minden
- 1,200 sq. ft bungalow, large double garage
- full walkout basement
- gentle slope to water
- parklike setting
- extensive decking & docks

Drag Lake - \$459,000



- 3 Bedrooms
- detached 2 car garage
- extensive decking and docking
- natural shoreline
- deep water
- 3.39 acres & 187 frontage

Cul de sac privacy - \$209,900



- 3 bedroom bungalow, level lot
- attached double garage
- re-shingled roof, new thermal windows
- lower level rec room, main floor laundry
- sunken living room, eat in kitchen

Business Opportunity - \$139,900



- previous general store
- existing Mini Putt & Chipping area
- 2 bedroom living quarters
- almost 6 acres treed land
- endless possibilities



Chris James
705-457-2414
ext 25*

Hunter Creek Rd - \$314,900



- Well maintained Royal Home
- 2+1 bedrooms, drilled well
- 2,100 sq. ft. of living space
- attached 2 car garage/heated coat/boot rm
- rec room, built-in bar & dance floor
- recent upgrades

2 Building Lots



- easy access - between Minden & Haliburton
- 100 frontage - offered at \$15,900.
- 150 frontage - offered at \$15,900.
- build your home or getaway
- well treed



Hal Johnson
705-286-1234
ext 229**



Susan Johnson
705-457-2414
ext 44*

Pine Lake - \$449,000



- 125 feet sand beach, 1.3 acre lot
- 3+2 bdr renovated year round cottage
- Fully equipped waterized bunkie
- 3 bay detached garage
- Cozy Family Room, walkouts to decks

2 Large Building lots



- Level lots, nicely wooded, very private
- Easy year round access near Haliburton
- 4.76 acres - offered at \$45,000
- 9.92 acres offered at \$49,900.



Diane Knupp
705-488-3077

Kinmount Country Home - \$249,900



- 3 bedroom, large corner lot
- Open concept living/kitchen/dining
- Custom kitchen, slate countertops
- Main floor laundry, master w/ walk in closet
- Full unfinished basement
- 2+ acres, snowmobile trails nearby

Salerno Lake - \$449,000



- 3 bedroom, gorgeous finishes
- Pine cathedral ceilings, wide plank floors
- Spacious eat-in kitchen
- Full basement with walkout
- Level, gorgeous lake view
- Extensive landscaping, wide in shoreline

Close to Town - \$159,900



- immediate occupancy
- 2 + 1 bedrooms, 2 baths
- minutes to all amenities
- year round municipal access
- great potential - Sold As Is

Close to Town - \$289,000



- maintained home with many upgrades
- sunroom overlooking private yard
- professionally landscaped, in-ground water system
- large & spacious rooms
- 4 bedroom, 2.5 bath, over 3,000 sq ft



Lorri Roberts
705-457-2414
ext 43*

Haliburton Lake - \$259,000



- PRICED TO SELL!!
- 157 ft of sand & rock shoreline
- 3 bedroom, open concept
- new dock & woodstore
- completely furnished
- turn key ready to enjoy

Little Kennisik Lk - \$389,000



- Panabode log, 3 bedroom
- 153 feet south west exposure
- large deck
- private
- completely finished



Dan Roxborough
705-286-1234
ext 235*



Chris & Michelle Smolarz
705-457-2414
ext 22*

Walkers Lake - \$329,000



- acreage on water
- 4 bedroom - 2,500 sq ft, w/o basement
- 3.56 acres, 1,600 frontage
- east, south & west exposures
- stone fireplace, 1.5 detached garage, steel roof

Iron Lake Acreage - \$130,000



- 100 ac, Managed Forest Plan
- mature pine plantation
- gated entry to a cleared area
- well treed, maple sugar bush stand
- backs onto crown land



Anthony vanLieshout
705-457-2414
ext 27***

Two Family Home - \$639,900



- 5 bedroom, 2.5 bath, 4,000 sq ft
- 120 ft frontage with clean sand shoreline
- full lower level walkout
- year round access with ample parking
- 26 x 24 detached/28 x 24 attached garage



- 4 bedroom, 2.5 bath, 4 season home
- 3,180 sq ft with lower level walkout
- 16 x 16 bunkie, ample parking
- 100 ft. clean shoreline, deep water at dock
- 2 fireplaces, hot tub, screen porch